



# GIVE the GIFT of the Y

**BUY a 1 YEAR GIFT MEMBERSHIP**  
**for a friend or loved one and**  
**SAVE \$100 on an Adult membership or**  
**SAVE \$150 on a Household membership!**

You'll also  
get a **FREE**  
Keepsake  
Ornament!



## LOOK AT THE AMAZING YMCA MEMBER BENEFITS THAT ARE INCLUDED:

- No Long-Term Contracts
- Fun, Friendly Environment where all are welcome
- Access to Facility 7 Days a Week
- Nationwide Membership—Access to YMCA's across the country
- **FREE** Access to ALL Land and Water Group Fitness Classes — More than 75 classes per week!
- **FREE** one-on-one meetings to help you get started with Group Fitness Classes
- Unlimited Access to the Fitness Center and Weight Room
- **Access to TWO Swimming Pools for Lap and Family Swim**
- Locker Room Facilities, equipped with Sauna
- **FREE** New Member Fitness Center Orientation
- **FREE** access to most of our Chronic Disease programs, focused on prevention, assistance, and rehabilitation.
- **FREE Child Watch Babysitting Service with Household Memberships**
- **FREE Family Fun Activities**
- **Discounted Member Rates** for Swim Lessons, Personal and Group Training, special Weight Loss programs, and MORE!

**OFFER ENDS  
DEC. 24<sup>th</sup>, 2023**

**TAKING A GROUP FITNESS CLASS MEANS MAKING NEW FRIENDS AND HAVING FUN - WHILE GAINING STRENGTH, ENDURANCE & ENERGY.**

**Call 207-941-2808 or stop by to order your gift membership today!**