ADVENTURE WEEK

Adventure Week is **designed to give your 6th–10th Grader an opportunity to explore the surrounding areas outside of Camp G. Peirce Webber and learn new skills.** Each week, campers will go on three unique trips: an educational trip, an adventure trip, and a visit to The Bangor YMCA Wilderness Center at Camp Jordan. Trips will vary each week and will include Acadia Fun Park, Hiking Trips, Fort Knox, and more exciting opportunities to explore Maine! Two days out of the week, campers will stay at Camp G. Peirce Webber engaged in a wide range of activities designed to help build upon their leadership skills.

Every day, campers will start and end their day at Camp G. Peirce Webber. **The bus will leave the camp site at 9am on days when field trips are planned.** Every Monday, campers will stay at camp for the day and will receive an outline of the week's schedule for them to take home so you will know where they will be throughout the week.

WHAT TO BRING

Campers should bring the following items with them every day:

- Sneakers
- Sun Screen
- Bug Spray
- Two Snacks
- Lunch
- Swim Suit & Towel
- Water Bottle
- Hat
- Appropriate clothing to hike in

MEDICATIONS

If your child carries any life-saving medication such as: albuterol, epinephrine, nitro, diastat, or any other medication for the treatment of a life threatening condition, the child must pack two doses of the medication. One dose will be kept on your child's person and the back-up dose will be kept with a trip leader at all times. Be sure to fill out the "Self-Administered Medication" form from the office.

PHYSICAL REQUIREMENTS

Child should be in general good health and at an average level of physical fitness for their age.

BOOTS

Please, do not buy new boots for your child prior to an Adventure Week trip. Comfortable, well-worn hiking boots are preferred footwear and highly recommended. However, if your child does not have hiking boots, then a pair of well worn, comfortable running sneakers are a suitable substitute. Blisters are the most common back-country injury. They can be extremely painful and can end a trip as quickly as a more serious injury. Therefore, we prefer well-worn shoes that are known to not cause problems. We can dry wet sneakers but we cannot heal serious blisters.

BEHAVIORAL EXPECTATIONS

Every camper is required to sign a behavioral contract prior to Adventure Week. Campers will take trips to each week to explore Maine and will be representing Camp G. Peirce Webber. Thus, prior to registering for Adventure Week, your child should be comfortable following directions from adults, have the capacity to ask for help, and have the basic skills needed to deal with difficult emotions.

PHOTOGRAPHY

Although Camp G. Peirce Webber has not had any known problems with inappropriate camera use, we want to be proactive in our approach to safeguard your child. Because of the risk of inappropriate camera use even under the most effective counselor supervision, and because cameras may be lost or damaged on an Adventure Week trip, **we prohibit campers from bringing cameras to camp.**

CELL PHONES

Please do not allow your camper to bring a cell phone with them on their trip. Cell phones are distracting, they will likely be out of range, and they may be lost or damaged on the trip. **If you need to contact your child, please call the Adventure Week Cell Number: 207-991-2821.**

CAMP G. PEIRCE WEBBER'S DAILY SCHEDULE

8:15 A.M.	ARRIVAL
8:30 A.M.	MORNING CEREMONIES
9:00 A.M.	FIRST ACTIVITY
9:50 A.M.	SECOND ACTIVITY
10:40 A.M.	SNACK BREAK/ CAMP STORE IS OPEN
11:00 A.M.	THIRD ACTIVITY
12:25 P.M.	LUNCH/ CHOICE ACTIVITY
1:55 P.M.	FIFTH ACTIVITY
2:40 P.M.	SIXTH ACTIVITY
3:25 P.M.	SNACK
3:45 P.M.	GROUP ACTIVITY
4:15 P.M.	AFTERNOON CEREMONIES
4:30 P.M.	DEPARTURE

the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PARENT HANDBOOK

WELCOME TO CAMP G. PEIRCE WEBBER!

DEAR PARENTS AND GUARDIANS,

I cannot even begin to explain how excited I am for this summer at Camp G. Peirce Webber. It's hard to believe that this will be my 6th summer there. Camp is honestly my favorite place to be in the summer. To me, camp is such a magical place because I get to see all the wonderful children having fun and trying new things.

As a staff, we have been working hard to make sure that each week is special in its own way. We are excited that you are letting us have the opportunity to show your child(ren) new things and to get to know them. The staff cannot wait to get back to camp again this summer and to have some fun!

I am excited to say that we have made some wonderful changes to camp this year. We have added a stage for Drama and Music to use and to show off our talents for CPW's Got Talent week. We have also added some brand new low ropes elements for the kids to use. There have been so many small changes to camp as well and we cannot wait for you to see them!

This Parent Handbook should answer any questions you may have, but if you have any other questions please do not hesitate to reach out me.

We can't wait to see you!! Don't forget to come see us at the Open House on Friday, June 17th, from 4:30 – 6:30pm at Camp!!!

See you all this summer!!!

Kristin Parker a.k.a 'Catch'
Camp Director

CAMP DIRECTOR

Kristin Parker

CAMP G. PEIRCE WEBBER

250 Emerson Mill Rd
Hampden, ME 04444
207-570-6661

BANGOR YMCA

17 Second Street
Bangor, ME 04401
207-941-2808

BangorYMCA.org

MY CAMP G. PEIRCE WEBBER EXPERIENCE

Camp is where kids get to experience nature, swim, sing songs, have camp fires, try our ropes course challenges as well as our 300 ft. Zip line, and explore drama and arts. But camp is much more than that. Campers and counselors work together, learn new skills, and build an honest, caring, respectful community for individuals to grow. It is important for our programs that children are stretched to meet their mental and physical challenges, which will lead to gaining confidence and teamwork. Our programs incorporate the natural surroundings, and require a can-do attitude, cooperation, and age appropriate independence.

Active and successful participation in our Bangor YMCA programs entail the ability to independently, safely, and cooperatively:

- Be surrounded by similarly aged campers throughout the day and take part in the social and playtime of the unit.
- Exhibit suitable behavior without needing more than the usual amount of individual attention.
- Be responsible for personal care, and individual health and safety.
- Follow a varied group activity schedule and participate in choice time with the assigned counselors.
- Transition from activity to activity with the group and be responsible for personal belongings.
- Join in group activities that build community, such as morning and afternoon ceremonies, singing, trivia, camp skits and games, as well as our rainy day activities.
- Act appropriate in case of an emergency.
- Contribute positively to the overall spirit of camp.

The Bangor YMCA Camp G. Peirce Webber endeavors to arrange reasonable accommodations to make camp accessible while preserving a quality camp experience for all. If you have any questions please contact Kristin Parker, Camp G. Peirce Webber Director, at kparker@bangorY.org, or call The Bangor YMCA at 207-941-2808.

PICK UP/DROP OFF

Anyone picking up campers MUST be on the pick-up list AND MUST show photo ID.

- Parents may drop off at the Bangor YMCA beginning at 6:30 a.m.
- Parents may drop off at Camp G. Peirce Webber starting at 7:15 a.m. Campers being picked up at camp must be picked up no later than 4:15 p.m.
- All campers need to be at the YMCA prior to 8 a.m. Buses leave the Bangor YMCA at 8 a.m. Parents who miss the 8 a.m. bus departure will need to transport their children to Camp G. Peirce Webber.
- Buses leave Camp G. Peirce Webber promptly at 4:30 p.m. Children may be picked up at the Bangor YMCA beginning at 5 p.m.
- Please contact Camp if pick up has changed.
- All children need to be picked up at the YMCA no later than 5:30 p.m.
- Campers must be signed out before they leave.

2016 PARENT HANDBOOK

PAYMENTS

Fees must be paid in full at the time of registration or by scheduled draft; drafting from either savings/checking account or Visa/MasterCard credit/debit card. If the bank draft is chosen, the amount must be drafted no later than the Sunday prior to the week attending.

Fees are based on enrollment, not attendance. There will be no partial refunds for days missed due to illness, vacations, holidays, storm days or any other reasons. If a week's registration is cancelled, there will be a cancellation fee per week of $25. If the camp week is paid in full prior to cancellation, the payment, minus the $25 cancellation fee, will be refunded. All payments are non-transferable.

The Bangor YMCA must be notified when a child will not be attending camp.

If a payment is returned after being drafted, a return payment fee of $20 will be charged. These fees are due prior to your child attending camp as well as any additional registrations. Should payment be past due, we have the right to restrict the child from further attendance. In addition to any and all legal remedies in respect to non-payment of tuition.

In the event that your child leaves the program, you are responsible for paying all balances due prior to the last day of your child's attendance to the program.

ADDITIONAL TRANSPORTATION COST

Due to the high cost of this service, it is imperative that we charge for bus transportation. We chose to do this and give people the option rather than to increase our weekly camp price. If you wish for this service, there will be a weekly fee of $15 per child.

FOOD

Children attending Camp G. Peirce Webber will need to bring a complete lunch and drink each day along with a snack. Healthy snacks are sold at the camp store to supplement lunch. We recommend that all lunches meet 1/3 of the child's daily nutritional requirements. Refrigeration is not provided. Please no "warm ups" as we do not have daily access to a microwave/oven during lunchtime. Please label your lunch bag or lunch boxes.

CAMP G. PEIRCE WEBBER IS A NUT FREE CAMPUS.

CAMP STORE

The 'Trading Post' will sell healthy snacks as well as some sweet treats, water, sports drinks, and camp T-shirt for your child's convenience. A "menu" of the goodies will be available at the beginning of camp. For your convenience, your child does not have to carry money on them. We can take cash at our check-in table each morning and write the amount of CREDIT your child has for the week on a Trading Post Card. As the week progresses, we record how much your child spends. Please keep in mind when deciding how much money to leave for your child, that we will not be able to 'refund' unused money at the end of the week. The Camp Store will be open during lunch, and afternoon snack time.

SUSPENSION AND DISMISSAL POLICY

The following will be considered grounds for suspension or dismissal:

1. Nonpayment of camp fee.
2. Continued disruptive behavior by the child after the parents have been consulted and appropriate measures have been taken to change such behaviour.
3. Repeated late pick-up.
4. Failing to provide essential emergency and medical information as required by the Bangor YMCA.
5. Immediate dismissal may occur in extreme situations.

Refunds will not be given for suspensions or dismissals.

MEDICATION

1. All medications must be given only to the Camp Director, Kristin Parker, or the Office Manager. A note from the doctor stating medication dosage and times to be given must accompany the container.
2. Medication must be contained in the original (child proof) prescription container.
3. The prescription bottle must include the name of the child, medication type, dosage, current date, and the physician's name and telephone number.
4. A parent or legal guardian must complete and return the medication consent form in order to permit the administration of any medication. A form will be filled out for each individual medication.
5. Children may not carry any medication, over the counter or prescription, in their bags. The only exception is for those who have an epi-pen or an inhaler. For campers with an epi-pen or inhaler, a self-administered medication form needs to be completed and signed by the parent/guardian. This form is available at the Y's Welcome Center.

GENERAL HEALTH

During the course of the day, many individuals enter and leave a camp environment; therefore, our ability to control the introduction of infectious diseases is limited. A thorough medical screening prior to enrollment attempts to determine whether a particular group camp environment is in a child's best interest. Group environments are not suitable for every child. Any child who is not well enough to participate in routine program activities should not attend or be admitted to any camp program. Children must be healthy enough to participate in activities, both indoors and outdoors. If a child at Camp is determined to be sick, a parent or guardian must pick up their child in a reasonable amount of time.

CHECKING FOR TICKS

1. Check your body for ticks after being outdoors. Conduct a full body check upon return from potentially tick-infested areas, which even includes your backyard. Use a hand-held or full-length mirror to view all parts of your body. Check these parts of your body and your child's body for ticks:
   - Under the arms
   - In and around the ears
   - Inside belly button
   - Back of the knees
   - In and around the hair
   - Between the legs
   - Around the waist
2. What to Do if You Find an Attached Tick

   Remove the attached tick as soon as you notice it by grasping it with tweezers, as close to the skin as possible, and pulling it straight out.

   Watch for signs of illness, such as rash or fever in the days and weeks following the bite, and see a health care provider if these develop. Your risk of acquiring a tick-borne illness depends on many factors, including where you live, what type of tick bite you have, and how long the tick was attached. If you become ill after a tick bite, see a health care provider.

ILLNESS AND INJURY

If a camper contracts a contagious disease, the child will be required to remain out of the program until a signed note by a doctor states they are no longer contagious. This note must be sent or brought to the Camp Director to be kept on file. We strongly encourage parents to use good judgment and make arrangements when their child is sick. If your child becomes sick at camp, we will call you to pick him/her up. Children are quite apt to catch diseases and this measure has been taken to protect children and staff in the program. Should your child become injured or sick to a degree beyond that covered by basic first aid, every effort will be made to contact you, and failing that, your emergency contact person. If the injury is one where time becomes critical, we will call an ambulance and send a staff person to the hospital with your child. Continued effort will be made to contact you.

SAFETY POLICY

The Bangor YMCA strives to eliminate unsafe behavior by anticipating and closely supervising any potentially dangerous situations. We believe all children and staff have the right to be safe from the threat of physical harm or injury, verbal assault and intimidation. We wish to promote an environment where children are free to learn and have fun without the adverse effects of violence. Any act of verbal or physical violence by an enrolled child in a Bangor YMCA program will result in disciplinary action up to suspension and/or termination.

SOCIAL SERVICES

All staff members are mandated reporters. If they suspect abuse or neglect of any kind, it is their responsibility to report it to the Camp Director. It is then the Camp Director's responsibility to report it to DHHS.

CUSTODY ISSUES

Parents or guardians are asked to notify a Camp Director of any custody arrangements involving their enrolled child(ren). We ask that you furnish documents, such as a divorce decree, that state with whom your child may be released. Any camp payment arrangements need to be handled between the child's parents/guardian(s). The Bangor YMCA will not become involved in any arrangements/disagreements between parents.

BUS SAFETY RULES

1. The bus driver shall be in complete charge of the bus and the driver's instructions shall be obeyed promptly.
2. Children must load and unload in an orderly manner.
3. No pushing or shoving.
4. While waiting for the bus, children should stay off the road and away from the bus until it comes to a complete stop.
5. Children shall remain seated while the bus is in motion and remain seated until the bus has come to a completed stop. The school bus will not move unless all passengers are seated.
6. Children will not use the emergency exit unless instructed by the driver to do so or in cases of real emergency.
7. Children will not tamper with or damage any of the school bus equipment.
8. Children will keep all parts of their bodies inside the bus at all times. Noise should be kept at a minimum. Foul language, screaming, shouting, fighting, tripping and pushing will not be tolerated on any school bus.
9. Everyone should strive to keep the bus clean and litter free, and put all trash in the container provided.
10. Eating and drinking while on the bus is prohibited.

WHAT TO BRING

Please watch the weather each day and dress your children accordingly. As a rule, please have your children bring the following items with them on a daily basis: water bottle, bathing suit and towel, a plastic bag to bring home wet clothes, a lunch and drink (no glass please), insect repellent, sunscreen, hat, and extra warm clothing. Rain gear is always a good idea as well! Please DO NOT wear open toed sandals, which can cause injury. Please leave all cell phones, toys, and other electronics at home.

Please put your child's name on all of their belongings!